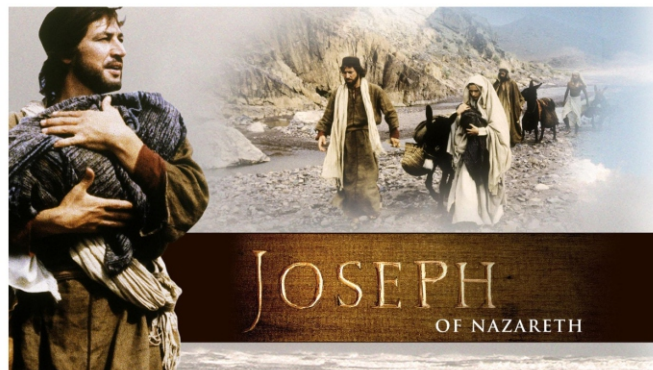


**Looking Ahead**

HOLY WEEK SCHEDULE					
<b>Palm Sunday</b>	<b>Holy Thursday</b>	<b>Good Friday</b>	<b>Holy Saturday</b>	<b>Easter Sunday</b>	<b>Easter Egg Hunt</b>
April 2nd	April 6th	April 7th	April 8th	April 9th	April 9th
Normal Mass Schedule	7:00 pm	Stations of the Cross 3:00 pm Service 7:00 pm	Easter Vigil 8:00 pm	Sunday 8:00 am 10:00 am	Following 10:00 am Mass

**FORMED** THE CATHOLIC FAITH. ON DEMAND.



**Joseph of Nazareth: The Story of the Man Closest to Christ**

Celebrate the feast of Christ's foster father with even more joy and respect this year by watching a movie about him! Enter into the life of this great saint through the movie Joseph of Nazareth!

Our parish has a FORMED subscription. Visit [formed.org/signup](http://formed.org/signup) and select our parish. Scan the QR code to download the FORMED app to your phone.



An offering from the AUGUSTINE INSTITUTE and *graciosa press*

**Sight To See**

God chose David, the youngest of eight brothers, to be his anointed, his king. We can imagine there may have been some animosity among the brothers. They probably couldn't believe their eyes! Even Samuel, God's prophet, had his sights on David's brother. Fast forward to the New Testament and today's Gospel. A man, blind from birth, is given his sight, by Jesus. Having never had his sight, he didn't know what he was missing. The Pharisees, having their sight,

**Sight To See Continued**

couldn't see what they were witnessing! **Our eyes can be deceiving, and unbelieving. As believers, we can see the bread and wind with our eyes, but by faith we can see the body, blood, soul and divinity of our Lord Jesus Christ.** God's ways are not our ways. We are not always going to see what God has envisioned, but we can respond to God's vision.

So why did God choose David? Because God looks at the inside character of people. (See 1 Samuel 16:7c) And God liked what he saw. God decided that David was a man after God's own heart. Of course "heart" in this case doesn't mean the organ that pumps our blood. The Bible uses "heart" meaning our inner thoughts and feelings; the part of us where we wrestle with life, where we check it out inside.

God was looking for someone who had a "heart" just like his! Someone who...Cares about the same stuff that God cherishes; Is humble; empties themselves so they are not focused on their own plans and agenda; Admits to their wrongs and keeps on turning to God for forgiveness, for guidance and for help. And do you know what? God believes that this describes your heart! God thinks of you as someone who has potential! As someone who displays admirable inside character. You are the one! Chosen by God!

**You are a person after God's own heart.**

Who? Me? Yes you! We do not have to be "perfect" to be chosen by God. David was far from perfect! (Refer to 2 Samuel 11:2-4, 14-17.) God values each one of us because we were created by him. God sees good qualities and possibilities in each one of us; each person is important to God!

**So what does it mean to be a person after God's own heart?** Hard work! God gives us a choice. We can choose to work at living up to the way God sees us, or we can ignore God and make a go of it all on our own.

**What you can do?**

- Talk with your kids about how hard this can be in the midst of today's societal pressures. Living a Christ-like life means we often have to go against the ways of society. (Good news: God has given us the Holy Spirit to help us attain this; to follow the example of Christ.)
- Role-play situations where this choice may be exhibited: Standing up to a bully; noticing someone cheating; observing someone doing good. (Yes, practice affirming the positive!)
- Over time we come to believe the words we say to ourselves. Fill your child's mind with affirmations by regularly blessing them.

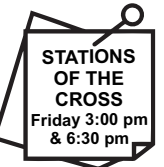
**God looks at our heart, our motivations, and desires, at who we are on the inside. He chooses you! How will you respond?**



**Sacred Heart Catholic Church**

100 S. Cherokee St. Frontenac, KS 66763

March 19, 2023  
Fourth Sunday of Lent



**Mass Intentions for This Week**

SAT 3/18	5:00 pm	+John Kotzman
SUN 3/19	8:00 am	+Gloria Kotzman
	10:00 am	People of the Parish
TUE 3/21	5:30 pm	+Alice Friskel
WED 3/22	7:15 am	+Theresa Bean
THU 3/23	7:15 am	+Norma Simon
FRI 3/24	7:15 am	+Tip Hutsey
SAT 3/25	5:00 pm	+Tim Flynn
SUN 3/26	8:00 am	People of the Parish
	10:00 am	+Adele Quier

**Looking Ahead**

SAT 3/18	After Mass	Wine & Cheese Social: Bosco
SUN 3/19	After Masses	Coffee & Donuts: Bosco
MON 3/20	6:30 pm	Altar Society Meeting: Bosco
TUE 3/21	6:15 pm	Walking With Purpose: Bosco
WED 3/22	7:30 am – 8:30 pm	Eucharistic Adoration
	6:00 pm	PSR Classes (K-8th)
THU 3/23	6:30 pm	RCIA: Bosco
FRI 3/24	6:15 am	Kapaun's Men: Bosco
	3:00 pm & 6:30 pm	Stations of The Cross: Church
	5:00 – 7:00 pm	K of C Fish Fry: Hall
SAT 3/25	9:00 am	Lenten Study: Bosco

**Easter Candy Donations**

CYM and JCYM are asking for candy donations that will fit inside plastic eggs for the Easter Egg Hunt. Please drop off donations at the Parish Office or in the basket in the back of the church. ~ *We are accepting donations until April 3rd. Thank you for your support!*



**Stewardship of Treasure**

Envelopes	\$3,425.00
Loose Collection & Visitors	\$1,873.75
Online Tithing	\$766.00
Building Fund	\$1,410.00
Cemetery Fund	\$195.00
Food Pantry	\$320.00
<b>Total Collection</b>	<b>\$7,989.75</b>

**EUCCHARISTIC ADORER NEEDED**

**8:30-9:30 am**

**If interested, please contact the Parish Office.**

**Parish Office**

Hours: Monday – Friday 8:00 am - 2:00 pm  
Office: 620-231-7747 Emergency: 316-218-8656  
Web site: [www.SacredHeartFrontenac.com](http://www.SacredHeartFrontenac.com)  
Prayer Line: 620-231-2745 or email [ambres73@gmail.com](mailto:ambres73@gmail.com)

**Parish Staff**

Pastor: Fr. Josh Evans [frjoshevs@gmail.com](mailto:frjoshevs@gmail.com)  
Secretary: Suzy Collins [sacredheart66763@gmail.com](mailto:sacredheart66763@gmail.com)

**Mass Schedule**

Saturday Vigil: 5:00 pm  
Sunday: 8:00 am, 10:00 am  
Tuesday: 5:30 pm  
Wed – Friday: 7:15 am

**Reconciliation**

Saturday: 4:00 - 4:45 pm  
Tuesday: 5:00 - 5:25 pm  
Wed – Friday: 7:00 - 7:10 am

**Ministry Schedule March 25th & 26th**

**Rosary Leaders**

5:00 pm Sharon Barone  
8:00 am Al Eshelbrenner  
10:00 am Pam Mendicki

**Lectors**

5:00 pm Loretta Audley  
8:00 am Virginia Hamisak  
10:00 am Kathy Seitz

**Eucharistic Ministers**

5:00 pm Bob Kunshek  
8:00 am Ed Rodriguez  
10:00 am Terry Wood

**Gift-Bearers**

5:00 pm Scott Kunshek Family  
8:00 am Joe & Kathy Martin  
10:00 am Suzy C. & Mike W.

**Altar Servers**

5:00 pm Wesley & Leah Hayes  
8:00 am Kaden & Kallan O'Bray  
10:00 am Caitlyn & Claire Boyce

**Ushers**

5:00 pm Gary F. & Rick S.  
8:00 am Ryan S. & Jerry G.  
10:00 am Amanda & Dustin B.



## Altar Society

The Altar Society has CHEESE enchiladas for sale! Available for purchase during the Knights of Columbus Fish Fries.

The Altar Society will also have their monthly meeting Monday, July 20th at 6:30 pm in the Bosco Center. All ladies of the Parish are welcome!!

## RCIA

Join us Thursday, March 23rd at 6:30 pm in the Bosco Center to discuss Lent, Sin and Temptation.

## Easter Flowers



Easter Flower Offerings in Memory of Loved Ones need to be turned into the Parish Office by Monday, April 3rd.

## Converging Roads Health Care Ethics Conference in Wichita

**HEALTH CARE AND HUMAN DIGNITY**

APRIL 22, 2023 | 9:15 AM - 6:45 PM | NEWMAN UNIVERSITY

The St. John Paul II Foundation, in collaboration with the Diocese of Wichita, Ascension Via Christi, Via Christi Foundation, and St. Gianna Wichita Guild, invite all health care professionals to the first annual **Converging Roads health care ethics conference** On April 22, 2023 from 9:15 am – 6:45 pm at Newman University in Wichita, KS.

The conference theme is **Health Care and Human Dignity**, and continuing education credits for healthcare professionals will be offered.

**Topics include:** The Vocation of the Health Care Professional, A Catholic Response to the Mental Health Crisis, and more!

For more information, please visit [convergingroads.com](http://convergingroads.com) or email [cameron@forlifeandfamily.org](mailto:cameron@forlifeandfamily.org).

## Lenten Penance Service March 26th 4:00 pm

### Lenten Obligations

**Fasting on Good Friday** - for ages 18-59, persons are permitted to eat one full meal and two smaller meals that together are not equal to a full meal.

**Abstinence from meat** - All Fridays during Lent for ages 14 and older.

## NO ONE HEALS HIMSELF BY WOUNDING ANOTHER. ~ St. Ambrose

## DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints; contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness; fill your hearts with joy.
- Fast from selfishness and be compassionate.
- Fast from grudges and be reconciled.
- Fast from words; be silent and listen.

**SAVE THE DATE!**

**VBS 2023** July 24th - 28th  
Vacation Bible School Grades K-5

**FORMED** THE CATHOLIC FAITH, ON DEMAND.

**SACRED ART**

The Annunciation | Sacred Art

Join Dr. Ben Akers and Taylor Kemp as they discuss the spiritual and theological significance of the Annunciation over a piece of Sacred Art by Elizabeth Zaleska that depicts this incredible scene.

Our parish has a FORMED subscription. Visit [formed.org/parish](http://formed.org/parish) and select our parish. Scan the QR code to download the FORMED app to your phone.

## Lenten Study

# ETERNAL REST™

THE ART OF DYING WELL



Eternal Rest: The Art of Dying Well

This study consist of 4 sessions.

Please join us!

**Saturday's**      **March 4th** ✓  
**9:00 am**            **March 11th** ✓  
**Bosco Center**    **March 18th** ✓  
                               **March 25th**

## Altar Society Enchiladas



Enchiladas

They are frozen and come with cooking instructions.

## CHEESE Enchiladas

made by the Altar Society will be sold during the Knights of Columbus Fish Fries for \$10.00 a half dozen or \$18 for a dozen.

## Mary's Way of the Cross

**Friday's of Lent**  
3:00 pm and 6:30 pm

**March 24th**  
**March 31st**

**Good Friday**  
**April 7th**  
**3:00 pm Only**



Is not the Way of the Cross the way of every person's life? Doesn't every life have suffering, falls, hurts, rejections, condemnations, death, burial...and resurrection? It has been a Catholic tradition through the centuries to meditate on the Way of the Cross, so that it becomes our way of life. Mary, the Mother of Jesus, made that first way of the cross. These stations, called Mary's Way of the Cross, attempt to present that viewpoint. In these stations we see through Mary's eyes what Jesus was going through on the way of Calvary. Then we try to make practical applications to our lives. These stations and these words are not the heart of the matter; the heart of the matter is to go deeper and deeper into the sufferings of Christ, so that we might come out of this spiritual journey with an appreciation of what Christ did for us, and a deeper love for him and for our brothers and sisters. "We adore you, O Christ, and we praise you, because by your holy cross you have redeemed the world." ~ Rev Andrew Costello, C.Ss.R.

SACRED HEART CATHOLIC CHURCH

**KNIGHTS OF COLUMBUS**

Back by popular demand

**FISH FRY**

LOCATED IN THE PARISH HALL  
DINE IN OR CARRY OUT

LENTEN FISH FRY DINNERS  
EVERY FRIDAY OF LENT  
EXCEPT GOOD FRIDAY

**MENU**

**\$12.00 FISH DINNER**  
CHOICE OF 7 PIECE FRIED OR 1 BAKED OR 6 SHRIMP

**ADD ONS**  
\$5.00 FOR 7 FRIED OR 1 BAKED FISH OR 6 SHRIMP

**KID'S MEAL**  
GRILLED CHEESE OR 4 FRIED FISH OR 1/2 BAKED OR 3 SHRIMP

ALL MEALS INCLUDE 2 SIDES  
FRENCH FRIES, WILD RICE, GREEN BEANS, BAKED POTATO, COLE SLAW

DESSERTS PROVIDED BY THE SACRED HEART ALTAR SOCIETY

TO GO ORDERS: 620-249-3726  
HOURS OF OPERATION: 5:00 P.M. - 7:00 P.M.

## Altar Society Desserts Schedule for the Lenten Fish Fries



**March 24th - Circle 1**  
**March 31st - Circle 2**

