



Knights Of Columbus, Council 10032

Sacred Heart Catholic Church, Frontenac KS

Parish & Community Contributions

- Participation in the Knights builds comradery of religious purpose with the men of Sacred Heart Parish & surrounding parishes with KoC 4th Degree
- Monthly breakfasts & Lenten fish fries enhance parish & community spirit
- Adopt a Seminarian (Wichita Diocese)
- Mary Queen Of Angels, Fort Scott, *rebuild fund*
- Food pantry, Sacred Heart Parish
- Religious education, Sacred Heart Parish
- Missionary support, Sacred Heart Parish
- Sacred Heart Parish & funeral dinners, *plates utensils & cups*
- Sacred Heart Parish hall periodic kitchen cleaning
- Sacred Heart Church property mowing & maintenance/repairs of the mowers
- March For Life, *parish youth support*
- Christian Youth Ministries (CYM) Steubenville retreat, *parish youth support*
- Cub Scout Pack 287
- Frontenac High School senior scholarships
- Frontenac Homecoming Committee
- Youth League, *community support*
- Festa Italiana (Frontenac Education Foundation), *participation & support*
- Adopt A Family, *support of families at the Holidays through Frontenac Schools*
- New Hope, *supports services for persons with intellectual &/or developmental disabilities*
- Class Limited, *assists individuals with disabilities*
- Mosaic, *supports services for persons with intellectual disabilities*
- VIE Medical Clinic, *supports women & families*
- Children's Advocacy Center, *supports sexually abused children*
- Pennies For Heaven, *parents can stay with their children during hospital stays*
- Angels Among Us, *supports cancer patients with financial needs*

Thank You! Your support & generosity allows our continued work within the Parish & the community.



Sacred Heart Catholic Church

100 S. Cherokee St. Frontenac, KS 66763

March 24, 2024

Palm Sunday Of The Passion Of The Lord



Mass Intentions for This Week

| | | |
|----------|----------|------------------------|
| SAT 3/24 | 5:00 pm | +Wilma Jean Smardo |
| SUN 3/25 | 8:00 am | +Lea Cizek |
| | 10:00 am | People of the Parish |
| TUE 3/26 | 5:30 pm | +Roberta Coomes |
| WED 3/27 | 7:15 am | +Mary Ellen LaFouge |
| THU 3/28 | 7:00 pm | +Reed Schountz |
| FRI 3/29 | 7:00 pm | |
| SAT 3/30 | 8:00 pm | +Marian Hogard |
| SUN 3/31 | 8:00 am | +Sal & Carolyn Marquez |
| | 10:00 am | People of the Parish |

Parish Office

Hours: Monday – Friday 8:00 am - 2:00 pm
 Office: 620-231-7747 Emergency: 316-218-8656
 Website: www.SacredHeartFrontenac.com
 Prayer Line: 620-231-2745 or email ambres73@gmail.com

Parish Staff

Pastor: Fr. Josh Evans frjoshevs@gmail.com
 Secretary: Suzy Collins sacredheart66763@gmail.com

Mass Schedule

Saturday Vigil: 5:00 pm
 Sunday: 8:00 am, 10:00 am
 Tuesday: 5:30 pm
 Wed – Friday: 7:15 am

Reconciliation

Saturday: 4:00 - 4:45 pm
 Tuesday: 5:00 - 5:25 pm
 Wed – Friday: 7:00 - 7:10 am

Looking Ahead

| | | |
|----------|---------------------|-----------------------------------|
| SUN 3/24 | 9:00 - 9:50 am | PSR & 3-5th Grades Reconciliation |
| WED 3/27 | 7:30 am – 8:30 pm | Eucharistic Adoration |
| | 7:00 pm | CYM: Hall |
| THU 3/28 | 7:00 pm | Holy Thursday Mass |
| FRI 3/29 | 3:00 pm | Stations of The Cross: Church |
| | 7:00 pm | Good Friday Service |
| SAT 3/30 | 8:00 pm | Easter Vigil Mass |
| SUN 3/31 | 8:00 & 10:00 am | Easter Masses |
| | After 10:00 am Mass | Easter Egg Hunt |



Extra Confession Times in March

| | | |
|----------|----------|--------------|
| Tue 26th | Wed 27th | Thu 28th |
| 6:00 pm | 6:00 pm | 5:00-6:00 pm |



| | |
|----------------|----------------|
| Friday 29th | Sat 30th |
| After Stations | 3:30 - 4:30 pm |

Volunteers needed for Holy Week ministries.
 Sign up at the podium

Parish Office CLOSED Good Friday, March 29th

Stewardship of Treasure

| | |
|-----------------------------|-------------------|
| Envelopes | \$3,490.00 |
| Loose Collection & Visitors | \$1,255.50 |
| Online Tithing | \$1,035.00 |
| Building Fund | \$105.00 |
| Cemetery Fund | \$145.00 |
| Food Pantry | \$145.00 |
| Total Collection | \$6,175.50 |



Please drop off candy at the Parish Office or in the basket at the back of the church by **Tuesday, March 26th.**

Ministry Schedule

March 30th & 31st

Rosary Leaders

No Public Rosaries

Lectors

8:00 pm Kendra K., Loretta A., Sharon B., David H., **OPEN, OPEN, OPEN**
 8:00 am Kathy Seitz
 10:00 am Tracy Holzem

Eucharistic Ministers

8:00 pm Mona Wachter
 8:00 am Janice Sighel
 10:00 am Doug Holzem

Gift-Bearers

8:00 pm **OPEN**
 8:00 am Kevin & Kristie Knaup
 10:00 am Ashley & Max Nelson

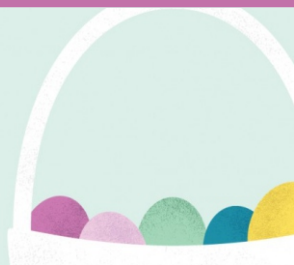
Altar Servers

8:00 pm Baron & Strauss K., Will S.
 8:00 am Gabe M. & Chloe S.
 10:00 am Lincoln A. & Bob N.

Ushers

8:00 pm **OPEN, OPEN**
 8:00 am Mike W. & AJ M.
 10:00 am **OPEN, OPEN**

Easter egg hunt



Sacred Heart Church

Sunday, March 31st after 10:00 am Mass

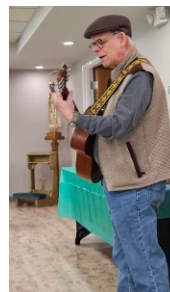
Hop on over for some fun! Hosted by CYM

Altar Society Meeting

The ladies of The Altar Society successfully approved a new Altar Society Constitution & Bylaws at the March meeting. An executed version will be available in the Parish Office upon request. Thank you to everyone who reviewed the new Altar Society Constitution & Bylaws allowing us to vote for approval setting us up for continued success. We also approved this year's campaign ideas to proactively maintain our financial stability. If you are interested in assisting with any of the activities, please let us know. **Approved minutes of the meetings, will be available in the Parish Office upon request each month.**

Harvest House

Harvest House met Thursday, March 14th at 11:30 am in the Bosco Center and enjoyed Irish food from Pallucca's and music provided by Don and Meave Viney. Join us for our next gathering Thursday April 11th at 11:30 am in the Bosco Center.



Ministry Schedule March 28th & 29th

Holy Thursday 7:00 pm

Lector - Sharon Barone

EMHC - Tracy Holzem

Gift-Bearers - Dennis & Nancy Cashero

Altar Servers - Baron & Strauss Kunshek,

Will Smith, Kyndal Bugni

Ushers- Ryan Sullivan & Doug Holzem

Good Friday 7:00 pm

Lector - Marsha Storozyszyn & Dave Barnes

EMHC - Loretta Audley

Altar Servers - Strauss Kunshek,

Gabe Martin, Lincoln Anderson, **OPEN**

Ushers- Dennis Cashero & Ryan Sullivan

Lenten Obligations

Fasting on Good Friday - for ages 18-59, persons are permitted to eat one full meal and two smaller meals that together are not equal to a full meal.

Abstinence from meat - All Fridays during Lent for ages 14 and older.

Schedule for Holy Week

3/28 Holy Thursday: 7:00 pm Mass

3/29 Good Friday: 3:00 pm Stations of the Cross

7:00 pm Good Friday Service

3/30 Holy Saturday: 8:00 pm Easter Vigil Mass

3/31 Easter Sunday: 8:00 am & 10:00 am

Easter Egg Hunt after 10:00 am Mass

Sacred Heart Community Food Pantry

We are thrilled to announce we are giving our client families an Easter ham purchased from Pallucca's. With your continued support and a focus on almsgiving we will do our best to provide healthy food to our nearly 100 client families. Thank you for your support!

~ Sacred Heart Community Food Pantry Committee

Pontifical Good Friday Collection

Pope Francis has asked our parish to support the Pontifical Good Friday Collection, which helps Christians in the Holy Land, where they are now less than 2% of the population. Your support is essential to help the Church minister in parishes, provide Catholic schools, and offer religious education. It also helps to preserve the sacred shrines of Christianity, including in Jerusalem, Nazareth, and Bethlehem, to name only a few. The pandemic had hit Christians in the Holy Land particularly hard. Most of them depend on pilgrimages for work. The war made their situation even more dramatic. In these times of crisis, this collection is necessary to meet the basic needs of the People of God still living in this Land and to maintain a Christian presence where the Church was born. *When you contribute to this collection on March 29th, you join with Catholics around the world in solidarity with the Church in the Holy Land. PLEASE BE GENEROUS.* For more information about Christians in the Holy Land, visit www.myfranciscan.org or www.custodia.org

Food Pantry Schedule: March 26th



Denise Q., Lori M., Mary Lou M., Zack Q., Mark A.



Holy Week is unlike any other week! The next eight days are consecrated and set apart for God. I want to offer a couple practical tips to help you appreciate the reality of Holy Week. If Holy Week is going to be consecrated, made holy, we must prepare for it well and be ready to receive everything God wants to offer us. In the Old Testament God taught His chosen people how to prepare for worship. It's important for us, too, to prepare with care for Holy Week. First, we must be intentional. The celebration of Holy Week will not just happen. Unless we carve out time we will not be able to prepare or observe the holy days well. Second, we must be prepared to make sacrifices. Most of us are overextended with our busy schedules. If we are going to have more time, we will have to be honest about the need to let go of some things. We may have to change our rhythm at night to celebrate Holy Thursday. This may mean taking a day off from work on Good Friday. Third, we need to pay attention to the details. For example, what time are services at Sacred Heart? Now is the time to find out, to begin thinking about next week. Now is the time to prepare.

- Think through **Holy Thursday** night: What will it take for you to make it? What is the best way for your family to pray through the day?
- Think through **Good Friday**: Can you take off from work or school? Is it possible to set the day aside as a day of prayer? What is the best way for your family to pray through the day together?
- Think through **Holy Saturday**: It is not Easter yet. Jesus remains in the tomb. How can you keep a quiet and prayerful spirit in your home this day?
- Think through **Easter Sunday**: What will it take for you and your family to be able to pray in the midst of other plans you may have?

To prepare for Holy Week, I would like to present three distinct ways we can get ready. First, we can fast from using our smart phones. If we have the courage to become honest, most of us do not use our smart phones mainly as phones. We use them as entertainment or information devices – in other words, as distractions. To be clear: I am not recommending that we completely ignore our smart phones or even turn them off. I am recommending that we use them only as phones – as communication devices – a fast from using them to surf the Internet, listen to music, engage in social media, or purchase things. Apart from the essential emails, text messages, or calls, can you fast from using your smart phone this week? Do you have the discipline to fast from these forms of distraction?

Second, we can fast from other exterior “noises” – this means no radio, television, or music. Intentionally creating exterior silence can have a dramatic impact on our availability to experience interior silence. We quickly discover how distracting the constant noise in our lives is. We also discovered a quiet, subtle voice of God, who has always been speaking to us but has often been drowned out in all the noise. Do you have the discipline and self-possession necessary to intentionally create more silence in your life?

Third, we can fast in the traditional way – from foods and alcohol. Fasting from alcohol means giving it up entirely. Fasting from food means no snacks between meals: it means limiting the amount of food you eat into three meals to the equivalent of just two regular meals. Eating less and avoiding alcohol creates a hunger within us, and physical hunger is meant to elicit spiritual hunger. Creating more space in our bodies has a direct influence on creating more space in our hearts.

These might seem like extreme suggestions. Most of us would struggle with one of these, so you might ask if you can really do all three. You can! You deserve to challenge yourself, and God deserves your full effort next week. Because next week is not like any other week: it is *the* week. Fasting from our smart phones, noise, and food is a small sacrifice in comparison to how much God is offering us.

May God bless you and your family as you enter Holy Week!