

is the grateful response

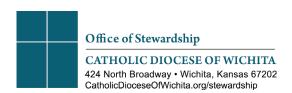
of a Christian disciple

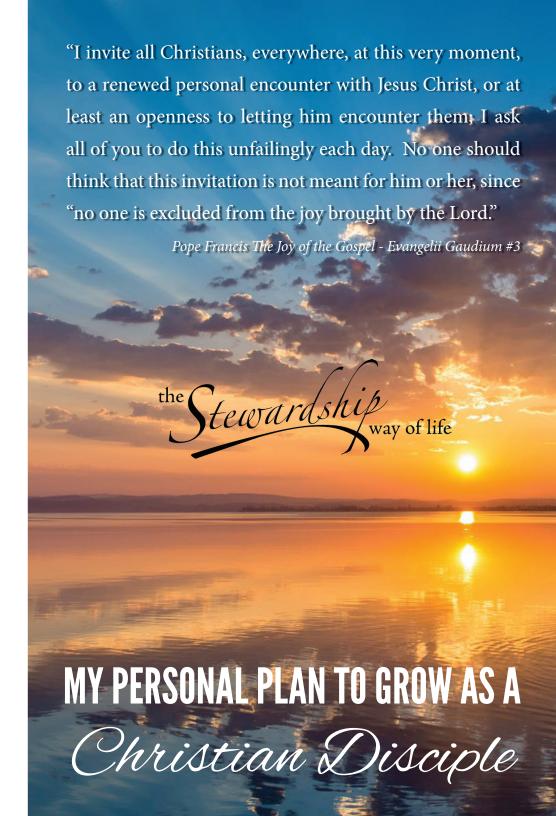
who recognizes and receives

God's gifts and

shares these gifts

in love of God and neighbor.





How are you being called to deepen your spiritual life? What has God asked of you? Is He calling you to something different? Is He calling you to something more? Use this guide to help you discern the answers to these questions.

Growing in PRAYER (time)

In a busy society like ours, time is one of the most precious possessions we have. How we spend our time is perhaps the clearest indication of our progress in a life of Christian discipleship. In order for our friendship with God to thrive, we must set aside time every day to pray.

God to	thriv	e, we must set aside time every day to pray.	
In ord	ler to	grow in prayer, I plan to:	
	my time with God		
	participate actively during Sunday Mass and Holy Days of		
	-	gation by:	
		reading the scriptures before Mass	
		serving as a Liturgical minister	
	spend meaningful time in prayer individually,		
	communally and/or with my family each day by:		
		reading the Bible or daily readings	
		praying at meals, even in restaurants	
		praying with and for my family	
		praying the Rosary once per week	
		Lectio Divina (reading and reflecting on scriptures)	
	set aside time to grow in my relationship with Jesus by:		
		participating in the Sacrament of Reconciliation once per month	
		attending daily Mass once per week	
		committing to a Holy Hour of Adoration	
		studying the Catholic faith with others	
	_	reading Catholic books/materials	
	_	attending retreats and parish missions	
	_	cultivating the fruits of the Spirit: Love, Joy, Peace, Patience,	
/		Kindness, Generosity, Faithfulness, Gentleness, Self-control.	
		(Gal 5:22)	
	refra	ain from gossip, complaining	
	pray for vocations: Priesthood, Religious Life, married life		
	invite a friend or neighbor to Mass and/or parish event		

Growing in SERVICE (talent)

Our talents are special blessings that each of us has received from a loving Creator. When we share our talents and gifts, we are giving something of ourselves, an intimate sharing of "who we are" for the good of others.

In order to grow in service, I plan to:				
	make an effort to understand, develop and use my God-given			
	gifts	and talents		
	_	e my gifts and talents with:		
		my family and friends		
		parish ministries		
		charitable organizations outside of my parish		
	prac	tice corporal works of mercy by:		
		visiting someone who lives alone or is homebound		
		feeding the hungry (ex: contributing to or coordinating a		
		food drive, serving at The Lord's Diner, St. Anthony		
		Family Shelter)		
		helping to build a house for Habitat for Humanity		
		Volunteer at a charitable organization		
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Grav	win	g in GENEROSITY (treasure)		
Each of us has a responsibility to support the Church and to contribute				
generously to the building up of the Body of Christ. Give from the heart as a				
faith response as generous stewards.				
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In order to grow in generosity, I plan to:				
		recognize that my financial and material possessions are		
		gifts from God		
		make a distinction between my wants and needs		
		present God the "first fruits" by:		
		☐ contributing generously to my parish (goal of 8%)		
		☐ donating generously to other non-profit		
/	11.	organizations (goal of 2%)		
Notes to add to my personal plan:				
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